



SAE NEWSLETTER

ISSUE NO 128 11TH OCT 2019

DATES FOR YOUR DIARY

	Cedars parents' meeting
Wed 15 th 17:00	Class 1/2 parents' meeting
Wed 16 th Oct 13:00	Class 9 & 10 trip - Bleak House - Northcott
Thurs 17 th Oct 17.30	Yr 7 (2020) open evening
21 st Oct - 25 th Oct	Half term
Fri 1 st Nov 10 - 12	Reception open morning

Tues 26 th Nov	Careers South West visit to US
Thurs 28 th Nov	US Creative Arts Day
Sat 30 th Nov 11 - 15.00	Advent Fair
Fri 6 th Dec	Flu vaccinations
Fri 6 th Dec 10 - 12	Reception open morning
Mon 9 th - Fri 20 th Dec	Class 10 mocks

OUR WEEK IN PHOTOS



KINDERGARTEN NEWS



It was wonderful to see so many of you at the Group Parent's Evening this week. Thank you to those who could attend.

As Autumn continues the kindergartens are experiencing cosy rooms where the joy of puppet shows can be heard. The children have watched as tales of bears, little mice and the beauty of Autumn have been brought to life in the form of puppet shows.

The children throughout kindergartens have taken this deeply into freeplay and recreated the things they have seen in their own way. All items used by the teachers are accessible if needed by the children, and in a truly magical way with the ringing of a bell and tickets made, the children gather to watch their friends bring the animals and puppets to life. The room falls silent and the show begins.

What a wonderful week we have enjoyed together.



Kindergarten Gathering in half term!

- When-25th October 9.45am till 12pm
- Where- St Stephens Church Hall, Exeter High Street,



Thank you to Sam and Helen in Elmwood for organising the following to raise money for our Kindergartens.

Fundraising coffee and cake morning will be on Friday 25th October 9.45am till 12pm.

We have booked St Stephens church Hall in Exeter High Street to be a central and lovely space for our gathering.

We shall be offering Autumn craft with the children and selling coffee, tea, cakes and craft items.

We would love this gathering to reach our whole school community enabling us to gather together and share a morning in love, laughter and fun.

Everybody welcome. **Debbie Pickering, Kindergarten Phase Lead**

WORLD MENTAL HEALTH DAY



Play Therapy at Steiner Academy Exeter



This week, upper school have been looking at mental wellness and how we can support each other in our school. On Thursday, we wore yellow to show our support to each other for World Mental Health day.

We also have a wellness wall where everyone in upper has written a positive message for any student that might need a bit of support.

At 12pm on Thursday all of upper school gathered together and talked to anyone and everyone!



Please watch our video on you tube.
<https://youtu.be/TKgK8hKLutI>

Sara Jarman, Welfare Team



Dear Parents & Carers,

Many of you will know Alex as he has worked in various roles at Steiner Academy Exeter since October 2018. Alex has recently been appointed as one of our school therapists, becoming our newest addition to the Inclusion Team.

Alex has over 10 years' experience of working with children and young people. Initially Alex trained as a primary teacher working in both the private and state sectors in Sussex and South East London. In 2016, Alex began his clinical training in play therapy. Alex holds a Master's level Postgraduate Diploma (PGDip) in Play Therapy (Distinction) from Leeds Beckett University. He maintains professional membership with Play Therapy United Kingdom (PTUK) which is validated by the Professional Standards Authority (PSA) for health and social care professions. Alex is a Certified Play Therapist having completed in excess of 300 play therapy sessions for children and young people with a whole range of needs.

Play therapy is a specialised form of counselling or psychotherapy which enables children and young people to work through and understand big feelings and life events that they may not be able to express solely through words. Whilst adult therapy may rely on talking about what has happened, play therapy maintains that play is a child's natural language. By building a therapeutic relationship with the child, the play therapist facilitates a safe space in which the child can work at their own pace. Play therapy is an emerging profession in the UK and draws upon a range of theories. Play therapy can either be 1-1 or in groups of up to 4 children.

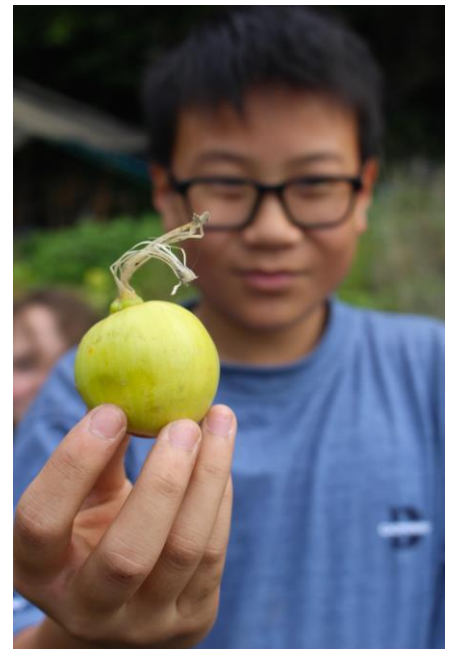
The playroom is equipped with a variety of toys, symbols, instruments, therapeutic stories, puppets and creative arts materials referred to as the "Play

Therapy Toolkit". The play therapist usually works non-directively which means that the child/ young person is free to choose what they wish to use in the playroom.

For more information about play therapy, please visit:

www.alexeverett.co.uk

www.playtherapy.org.uk



**MAPLE CAKE SALE NEXT FRIDAY AT
THE END OF SCHOOL - RAISING
FUNDS FOR A SCHOOL TRIP**

HARVEST TIME AT SAE



PTFA NEWS

Message to Class 7- Juniper and Willow families - Please contact Caroline

(huntingcaroline@gmail.com 07990508242) or Sam

(samanthanorker@yahoo.co.uk 07813111842) as we would love to complete the contact tree for our year, so that we can get to know each other and share information. Please send us your Child's name(s), tel and emails. Many thanks